



15km / 9¹/₂ miles

Strenuous

Navigation

Technicality

One of many beautiful waterfalls

The Best of Hafod

A fantastic walk through the picturesque estate of Hafod taking in the finest Wales has to offer; waterfalls, forest trails and even a cave with a surprise...

Step straight out of the cottages and find some of the best scenery in the region and even in Wales. Combining several of the Hafod estate walks you get to see all the best bits and without driving anywhere! For those with little legs in their party the walk can be cut down significantly, whilst still taking in some of the best sights. This walk (or at least the shortened version!) is a must while staying at the cottages and one you will find yourself wanting to do time and time again. What better way to start a week of walks in Mid Wales?!



1 START / FINISH

SN 7897 7386 From Ty Mari / Penroc turn right onto the main road, then take the immediate right down to the bridge over the Ystwyth river. Cross the bridge and bear right along the track. After a short time divert through the farmer's field as signposted and rejoin the main path to Hafod. Continue following this path until it descends into the woodland of Hafod where you meet a gravel crossroads. The walk can be shortened significantly by turning left and heading up the hill towards the *Robbers Cave* – the highlight of this walk! If you choose this option make sure you divert down to see the first of the waterfalls on your right, before setting off up the hill. Then continue to follow the instructions from point 5.

2 SN 7710 7332

At the gravel crossroads turn right and head down to the first of the waterfalls. Begin following the green route, across the wooden bridge. Continue up the valley with the Ystwyth on your left until you come to the single file foot bridge. Cross the river and continue on the green route. At the top of the hill turn left (turning right will take you back to the cottages if you've had enough!) Continue along the green route until you meet the blue route, take this sharply left and downhill.



INFO:



Distance: 9.3 miles

Total Ascent: 500m

Time: 5.5hrs

Start / Finish:

Penroc Ty Mari
(SN 7897 7386)

Nearest Town:

Devil's Bridge

Terrain: Established footpaths with some steep climbs and descents

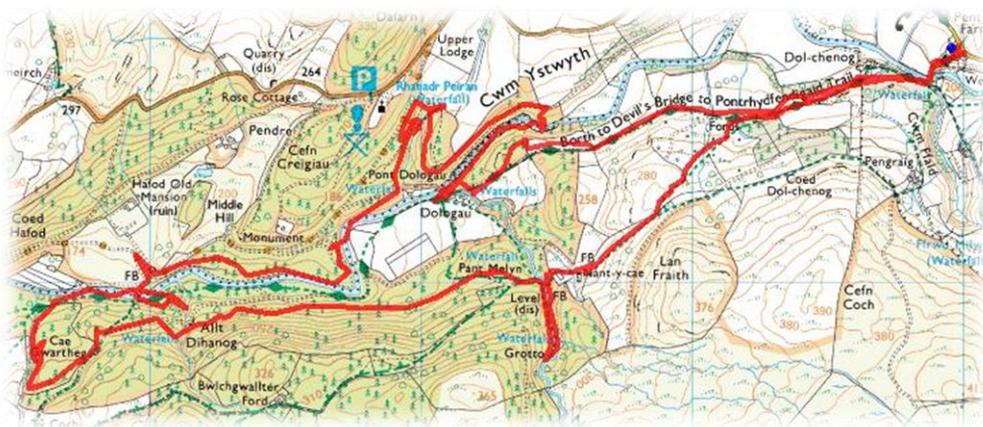
Maps: OS Explorer (1:25000) no. 213

Guidebook: Hafod – A Guide to the walks

Nearest Outdoor Store: Aberystwyth

3 SN 7593 7353 Follow the blue route down the hill towards the river and waterfall on your left – this makes a great lunch spot! Continue downstream on the blue footpath, along the way divert off to admire Mrs Johne's flower garden (BOH16). Continue along the blue route until you join the red footpath at the slate/gravel road. Follow the path down to the left, almost going back on yourself.

4 SN 7597 7295 Continue down to the river on the red route and cross over the 'Alpine Bridge'. At this point it is worth while taking the path left for a few hundred metres to see the Rustic Bridge and then returning to follow the path right. (The path left also goes to the *Robbers Cave* and is a shorter route but does miss out some of the best waterfalls). Follow the red route rising steeply up the side of the valley eventually finding an old stone wall. The path runs along side this and then joins the slate/gravel path. The signposted viewpoint at BOH29 is worth a look. Keeping on the red route leave the main gravel/slate footpath and bear off to the right. This high level path then weaves through the woods offering a variety of delights... When there is the next sign for a viewpoint bearing left on the red route don't take it as there is not much to see, but instead keep going straight. Branch off to the path on the left (avoiding the path uphill to the right) and head steeply down towards the river and foot bridge (BOH36).



5 SN 7745 7301 From just above the foot bridge (BOH36) keep right on the red path, following the right hand side of the valley. The path eventually ends at what is known as the *Robbers Cave*. Adventure in for a spectacular surprise... (a torch is handy for the less brave!) Then head back to the footbridge (BOH36). Cross the bridge and continue following the red footpath until you come to a house, walk past the metal gate on your left and enter the garden – hug the garden's fence line and head to the second metal gate at the other side (BOH38). Go through the gate and climb the hill. When the path forks continue up on the right fork, until you meet the remains of an old wall and a metal access gate (BOH40). Go through gate and head straight along the fence line on left, note the interesting cluster of dead wood on your right. Keep following the fence line down (which can be quite boggy) until you meet another metal gate. Go through the gate and continue to keep the fence on your left and follow this down. Cross a boggy stream and then the remains of an old wall (BOH42). Head straight down the hill between the fence and forest tree line until you rejoin the main track you started on, turn right and head back to the cottages.

Gradient Profile

